

Incorporate an experiment

ie fresh food vs processed

coon cheese

kraft cheese (slice)

or
look at mcdonalds cheese

local fruit ^{or}

imported fruit

Also Fast foods

Subway vs KFC

Place in identical containers or zip lock bags

- Time taken to break down.

- note taking on changes

- over a period of term.

Compare & contrast

Junk vs Fast food.

GMO foods
psychotropic nutrition